

## 2020-21 MHSAA SPORTS HEALTH QUESTIONNAIRE

### Frequently Asked Questions

**1. Are electronic signatures acceptable on the Health Questionnaire?**

Yes. See MHSAA Handbook Interpretations 16 and 17.

**2. Can a school still require selected students or all students to receive a complete physical exam?**

Yes.

**3. Can a parent still require their child to receive a complete physical exam?**

Yes.

**4. Does a valid physical exam from 2019-20 apply to students in any grade (5-11) and then the Health Questionnaire will meet the requirement for participation in 2020-21.**

Yes. If a student received a valid sports physical exam during the 2019-20 school year (one completed on or after April 15, 2019), they may complete the Health Questionnaire for 2020-21.

**5. Does the new 2020-21 Health Questionnaire apply to the fall, winter and spring seasons?**

Yes. If a student received a valid sports physical exam during the 2019-20 school year (one completed on or after April 15, 2019), they may complete the Health Questionnaire for 2020-21 for all seasons.

**6. Do schools still need to have the Health Questionnaire on file in the school prior to practicing, as is the case with the physical?**

Yes.

**7. What if the school cannot confirm that a valid sports physical exam exists from the 2019-20 school year (one completed on or after April 15, 2019)?**

If the school cannot confirm that a valid sports physical exam exists from the 2019-20 school year, the student needs to have a new sports physical exam for 2020-21.

**8. Does a new student (incoming 9<sup>th</sup> grade or transfer student) need to produce their 2019-20 valid physical exam (along with their 2020-21 Health Questionnaire) to the new school athletic director prior to practicing?**

Yes.

**9. Will a valid 2019-20 physical exam from another state, province or another school district be permitted along with a completed Health Questionnaire?**

Yes.

**10. In 2020-21, what occurs if the school discovers a student participated in a contest without a valid physical from 2019-20 and/or a completed 2020-21 Health Questionnaire?**

Once discovered, the student is ineligible from further competition until the documents are submitted to the school. In 2020-21 only, forfeiture of contests will not be required. However, the student may not participate any further without the completion of either document.

**11. What if a parent or student refuses to sign and complete the Health Questionnaire?**

If a student or parent refuses to sign and complete the Health Questionnaire, the student may not participate in athletic practices or competitions until the Health Questionnaire or a valid sports physical exam is submitted.

**12. Where can I find more information about MHSAA Examinations?**

See the MHSAA Handbook Regulation I, Section 3, Interpretations 16-20.